

# Positive Parenting for Encouraging Cooperation

## **Misbehaviour = Discouragement**

Look beyond actions—kids misbehave when they feel they don't belong.

### **Encourage, Don't Criticize**

Celebrate small steps. Focus on effort, not mistakes.

### **Spend 1-on-1 Time**

A few fun minutes together can make a big difference.

### **Talk at Bedtime**

Share highs and lows of the day to build connection.

### **Hold Family Meetings**

Solve problems together with respect & cooperation.

### **Give Real Responsibilities**

Kids feel important when they contribute meaningfully.

### **Decide Together**

Involve kids in rules & chores—they'll be more cooperative.

### **Teach, Don't Assume**

Be clear about what's expected. Ask what they understand.

### **Be Kind & Firm**

Show respect for both your child & yourself.

## **Pause During Conflict**

Cool off before solving problems. Timing matters.

### **Avoid Shame**

Kids do better when they feel better—not worse.

### **Create a Calm Space**

Let kids take a break in a cozy, positive time-out spot.

### **Skip Harsh Punishment**

It may stop behaviour short-term but harms long-term trust.

### **Model Mistake Recovery**

Show how to own mistakes: Recognize, Reconcile, Resolve.

### **Solve Together**

Find respectful, helpful solutions with your child.

### **Lead with Love**

Say: "I care. Let's figure this out together."

### **Have Fun!**

Joy strengthens bonds at home and school.